

WHY THE WASTE?

Be a risk-taker and change your habits to conserve resources.

Are your school snacks packaged in paper or plastic? What snacks could you bring that don't use as much packaging? Try these new foods as your snack for a week and reflect on how much material you've conserved.

PACKAGING



Do you let the sink run while brushing your teeth? Do you take long showers? Do you fool around while washing your hands? Where could you conserve water? Try it for a week and reflect on what you did below.

Water



Do you leave the lights or television on in a room that you leave? Do you use several devices that need to be charged? How could you reduce the amount of electricity you use? Reflect on your accomplishments below.

Electricity

